

# Packing for New York





## About New York

Before traveling—to New York or any destination—it's wise to do a bit of research. It can make a significant difference.

### The Holiday

Length of Stay: Twelve (12) days  
Month Visited: November

### Things to Know

- Wear comfortable shoes, as you'll be doing a lot of walking. New York City is flat, making walking a great way to get around.
- Dress stylishly but comfortably; black is a good colour choice.
- New York can be expensive, so set aside an allowance for tips in restaurants, to hotel porters, and for hotel housekeeping.
- Carry a cross-body bag. While the streets are generally safe, remain alert in busy areas such as Times Square and on the subway.
- Purchase a local SIM card upon your arrival.
- Pre-book popular attractions such as Top of the Rock and Broadway shows.
- Try the local street food; the giant pretzels are delicious!
- Hotel rooms tend to be small, so pack accordingly. A travel capsule wardrobe is ideal.



## Things to Do

We visited major attractions, including:

- Top of the Rock
- Empire State Building
- Broadway (Hamilton and Hadestown)
- Guggenheim Museum
- New York Public Library
- Whitney Museum of American Art
- The High Line
- The United Nations
- Central Park
- Wall Street
- Christmas Markets





### *Packing for New York*

#### Clothes

To keep things simple, I used black as my base colour. We travelled in November, so the weather was cold, but clear.

- Jeans (1 pair)
- Black Trousers (1x Cropped, 1x Full Length)
- Black Cropped Coat
- Knit Tops (four pieces)
- Shoes (1x Boots, 1x Walking)



**The true New Yorker secretly believes that people living anywhere else have to be, in some sense, kidding.**

**John Updike**

## Accessories

I wore the same accessories every day.

- Small Gold Hoop Earrings
- Tennis Bracelet
- Watch
- Scarf
- Gloves
- Cross-body Bag
- Umbrella





## Makeup

As a (former) professional make-up artist, I love makeup. But I don't wear a lot, and I don't own a lot.

The 'keep it simple' philosophy I apply to my wardrobe, I also apply to colour cosmetics. The seven items below fit perfectly in a small cosmetics bag.

- Fit Cover Powder Foundation and application brush
- Mascara, Lash Paradise (L'Oreal)
- Lip Liner, Dervish (Mac)
- Lipstick, Pillow Talk Fair (Charlotte Tilbury)
- Eyebrow Pencil
- Pencil Sharpener

## Skin Care

Again, simplicity – in my opinion – is best. A few good quality products are all that's needed.

- Cleanser
- Toner (I use a Rosehip Spray)
- Day Cream, with SPF
- Night Cream
- Eye Cream
- Serum

## Hair Care

- Shampoo and Conditioner (travel size)
- Comb
- Brush
- Hair Volumising Powder
- Hair Spray



### *Outfit Combinations*

Black Trouser + Camel Skivvy + Cropped Black Jacket



Black Cropped Trouser + Camel Skivvy + Cropped Black Jacket



## Packing for New York



Jeans + Black Skivvy + Cropped Black Jacket



Jeans + Beige Cardigan + Cropped Black Jacket







### Socials

Follow [Self Image Style](#) on social media.



**You can have anything you want in life if you dress  
for it.**

**Edith Head**

