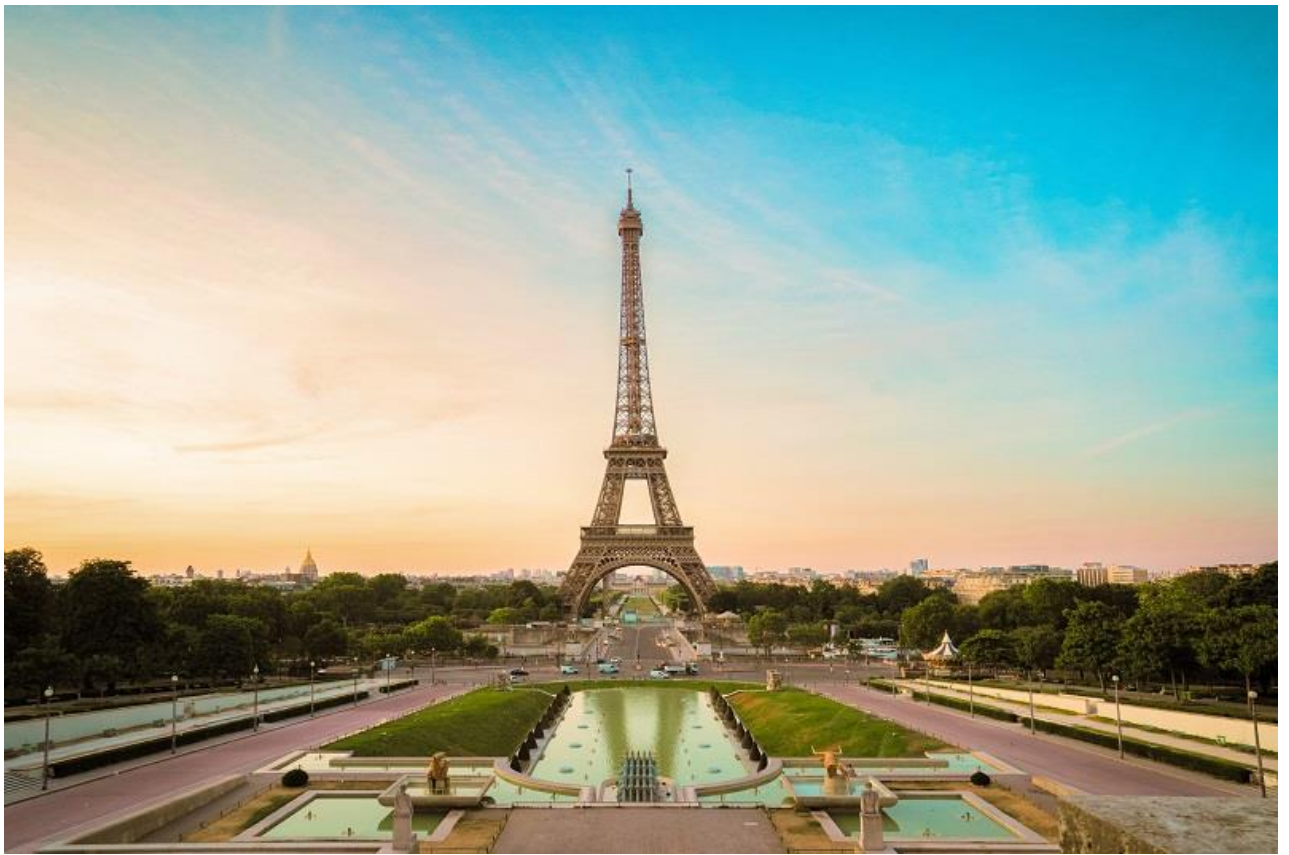


Packing for Paris





About Paris

Before traveling—to Paris or any destination—it's wise to do a bit of research. It can make a significant difference.

The Holiday

Length of Stay: Fourteen (14) days

Month Visited: September

Things to Know

- Paris is known for its pickpockets, so a cross-body bag with a zipper is essential for keeping your belongings secure.
- The beautiful cobblestone streets are quite uneven, so comfortable footwear is essential.
- Parisians rarely wear activewear unless they're exercising, so it's best to dress well.
- Parisian weather can change unexpectedly, with sudden showers being common. Keeping a small umbrella on hand is a smart idea.
- When visiting tourist attractions, especially churches and cultural sites, be sure to dress conservatively, as many places request modest attire.
- To blend in with locals, wear black, navy, beige, grey, or white. Plan your travel capsule wardrobe around one of these neutrals, and consider adding one or two accent colours for contrast. If you plan to dine out in the evening, consider wearing a chic dress or tailored pants paired with a nice blouse—either will serve you well.

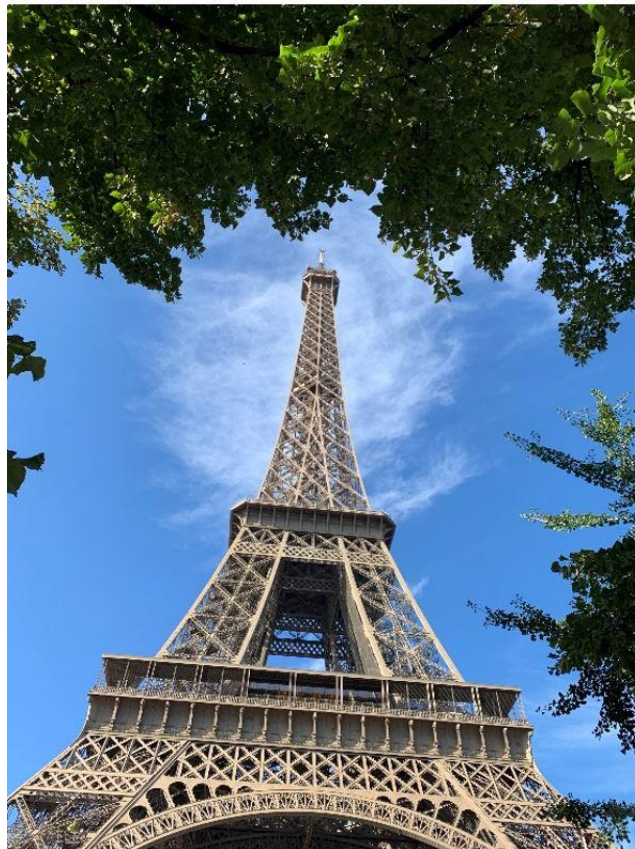
Packing for Paris



Things to Do

I was the “typical” tourist and visited most well-known attractions including,

- The Louvre
- Musee D’Orsay
- Eiffel Tower
- River Seine Cruise
- Canal St Martin Cruise
- Musee Rodin
- Lunch at [Bar Vendome](#) (The Ritz)
- Day trip to [Giverny](#) and [Palace of Versailles](#)





Packing for Paris

Clothes

A very simple Travel Capsule Wardrobe using navy, white, cream and gold accessories.

The mornings were chilly, and my scarf provided the only pop of colour I needed.

- Jeans (two pairs, 1x cropped, 1x trouser)
- Navy 7/8 Cropped Trousers
- Cropped Jacket
- Denim Jacket (to wear with trousers, not jeans)
- Tops (four pieces)
- Shoes (one pair)



An artist has no home in Europe except in Paris.

Friedrich Nietzsche

Packing for Paris



Accessories

I wore these same accessories every day.

- Studs
- Tennis Bracelet
- Watch
- Belt
- Scarf
- Cross-body Bag
- Umbrella





Makeup

As a (former) professional make-up artist, I love makeup. But I don't wear a lot, and I don't own a lot.

The 'keep it simple' philosophy I apply to my wardrobe, I also apply to colour cosmetics. The seven items below fit perfectly in a small cosmetics bag.

- Fit Cover Powder Foundation and application brush
- Mascara, Lash Paradise (L'Oreal)
- Lip Liner, Dervish (Mac)
- Lipstick, Pillow Talk Fair (Charlotte Tilbury)
- Eyebrow Pencil
- Pencil Sharpener

Skin Care

Again, simplicity – in my opinion – is best. A few good quality products are all that's needed.

- Cleanser
- Toner (I use a Rosehip Spray)
- Day Cream, with SPF
- Night Cream
- Eye Cream
- Serum

Hair Care

Before I left home, I confirmed with the owner of the Airbnb apartment where I was staying, if a hair-dryer was supplied. Thankfully one was. These are often large, bulky, and heavy items to pack, so it's worth confirming before you leave home.

Shampoo, conditioner and hairspray can be purchased inexpensively from a local supermarket or hair salon. So, all I packed was,

- Comb
- Brush
- Hair Volumising Powder



Outfit Combinations

Navy trouser + basic top + Cropped navy jacket



Trouser jeans + Breton + Cropped navy jacket



Packing for Paris



Navy Trousers + Blouse + Denim Jacket



Cropped jeans + basic t-shirt + Cropped Navy Jacket



Packing for Paris



Socials

Follow [Self Image Style](#) on social media.



**You can have anything you want in life if you dress
for it.**

Edith Head

